Help! I Want to Know the Bible

How to use this journal:

- Read through ***Help! I Want to Know the Bible*** by Zach Sparkman.
- As you read through each chapter, write down at least three **key truths** that impact you. Space for notes is provided below.
- Thoughtfully work through the **Questions for Reflection**[1] after you read each chapter. Space for journaling your answers is provided.

Introduction/ Chapter 1 ***Impacting Truths:***	1. _____ _____ _____ 2. _____ _____ _____ 3. _____ _____ _____
Chapter 1 ***Questions for Reflection:***	• Do you know Jesus as your Savior? Explain your answer. • How does your relationship with Jesus change the way you view Bible reading? • How could a change in affections (greater love for Jesus) free you from a guilt-driven approach to your Bible reading?

[1] The *Questions for Reflection* are taken from *Help! I Want to Know the Bible* by Zach Sparkman, (Shepherd Press, 2024).

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	• What is the goal of Bible reading and study?
Chapter 2 ***Impacting Truths:***	1. _____ _____ _____ 2. _____ _____ _____ 3. _____ _____ _____
Chapter 2 ***Questions for Reflection:***	• What is the difference between the interpret stage and the apply stage? • Why is it so important to continue and move to the application stage after you understand a verse?
Chapter 3 ***Impacting Truths:***	1. _____ _____ _____ 2. _____ _____ _____ 3. _____ _____ _____

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Chapter 3 ***Questions for Reflection:***	• What is the benefit of being in the same chapter or book for a whole month? • What important steps can you take when you come to a portion of Scripture that is challenging or difficult to understand?
Chapter 4 ***Impacting Truths:***	1. _____ _____ _____ 2. _____ _____ _____ 3. _____ _____ _____
Chapter 4 ***Questions for Reflection:***	• What is your plan for your Bible reading? If you don't have one, take a few minutes now to choose the "what," "when," and "where." o What: o When: o Where: • Which tip has helped you the most? How are you going to put it into practice?

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