Help! I Want to Be a Leader

How to use this journal:

- Read through ***Help! I Want to Be a Leader*** by Leighton Upton.
- As you read through each chapter, write down at least three **key truths** that impact you. Space for notes is provided below.
- Thoughtfully work through the **Questions for Reflection**[1] after you read each chapter. Space for journaling your answers is provided.

Introduction/ Chapter 1 ***Impacting Truths:***	1. _____ _____ _____ 2. _____ _____ _____ 3. _____ _____ _____
Chapter 1 ***Questions for Reflection:***	• How and in what direction do you believe you are daily influencing others around you? If you were the perfect leader, what attributes or traits do you think you would possess? • In what ways do you identify with James and John? What do you think that those closest to you, your friends and family, would say is the motivation behind you trying to influence others?

[1] The *Questions for Reflection* are taken from *Help! I Want to Be a Leader* by Leighton Upton, (Shepherd Press, 2025).

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Chapter 2 ***Impacting Truths:***	1. _____ _____ _____ 2. _____ _____ _____ 3. _____ _____ _____
Chapter 2 ***Questions for Reflection:***	• Why do you think at times it is so difficult for us to serve others? Multiple times in this chapter a job like wiping tables was used as an example of an unwanted job. Why do you think no one desires jobs like this that involve serving others? • List some practical ways that you can serve your friends, peers, teachers, and family. Why do you think we fail at times to serve others in the ways you listed?
Chapter 3 ***Impacting Truths:***	1. _____ _____ _____ 2. _____ _____ _____ 3. _____ _____ _____

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Chapter 3 ***Questions for Reflection:***	• How was Jesus serving us when He died on the cross? What does it mean that Jesus will serve us for all eternity? How do we practically model His service on the cross to those around us? • What does it look like to take the lowest position and serve on your team, in the classroom, with your friends, or at home with your family? Make a list of needs that your family, friends, and people in your community have. What are ways you can help them by meeting those needs?
Chapter 4 ***Impacting Truths:***	1. _____ _____ _____ 2. _____ _____ _____ 3. _____ _____ _____

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Chapter 4 ***Questions for Reflection:***	• How does knowing the people you lead and listening to them help you serve and lead them? Can you think of a leader in your life that truly knows you and the people they lead? Describe that person? • What are some practical ways that we can daily abide with Christ? How can your friends, your family, or members of your church help you abide with Christ? How do you think your actions and reaction would change when you lead those around you if you spent time daily abiding with Christ?

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