Help! I Want My Life to Count

How to use this journal:

- Read through ***Help! I Want My Life to Count*** by Matt Collier.
- As you read through each chapter, write down at least three **key truths** that impact you. Space for notes is provided below.
- Thoughtfully work through the **Questions for Reflection**[1] after you read each chapter. Space for journaling your answers is provided.

Introduction/ Chapter 1 ***Impacting Truths:***	1. _____ _____ _____ 2. _____ _____ _____ 3. _____ _____ _____
Chapter 1 ***Questions for Reflection:***	• Which statement is harder for you to accept: "life is short" or "death is certain"? Explain your answer. • Which of the five "cartoon teens" in this chapter do you tend to identify with the most?

[1] The *Questions for Reflection* are taken from *Help! I Want My Life to Count* by Matt Collier, (Shepherd Press, 2025).

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	• How does it make you feel to know that it is possible to waste your life by God's definition?
Chapter 2 ***Impacting Truths:***	1. _____ _____ _____ 2. _____ _____ _____ 3. _____ _____ _____
Chapter 2 ***Questions for Reflection:***	• What does the resurrection of Jesus have to do with living a life that counts for eternity? • Can you think of a time when you tried to place yourself at the center of the universe instead of God? How did that play out?

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Chapter 3 ***Impacting Truths:***	1. _____ _____ _____ 2. _____ _____ _____ 3. _____ _____ _____
Chapter 3 ***Questions for Reflection:***	• Why does living for God's glory always begin with God's Word? • Looking ahead at your current plans for a future vocation, what are some ways that you could live like a disciple of Jesus in that field? • What does it look like to share God's Word with other people in a natural way?
Chapter 4 ***Impacting Truths:***	1. _____ _____ _____ 2. _____ _____ _____ 3. _____ _____ _____

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Chapter 4 ***Questions for Reflection:***	• What opportunities to serve God do you see in your generation? What spiritual needs do you see that you could help meet? • What would it look like for you to "live each day as if thy last"?

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