Get to Know Your **Author**

A scenario: If you're doing a trust fall, your ability to willingly fall back into the arms of the person catching you depends wholly on your knowledge of that person. If the "catcher" is someone you've known for a long time, and who has demonstrated their love, concern, and dependability to you over the years, no problem. You can fall back willingly. But if the person catching you is a complete stranger or someone you sort of know, but not really, how easy is it to fall back willingly into his/her arms? Not as easy, right?

A question: Could it be that you struggle to trust God as the only Author of your gender because He's more like the second example – someone you sort of know, but not completely?

A suggestion: Get to know God. Get to know your Author, and it'll make the "trust fall" of trusting Him to determine your gender and all the implications that go with that so much easier. Once you know Him, you'll be more willing to let go of your control freak tendencies (that we all have) and allow Him to be what He already is—the Author.

How to do this study:

Begin with the six attributes of God listed below. Prayerfully read the related Scripture passages and answer the four main questions for each attribute in your own personal journal. This will help you get to know God, your Author, so you can begin to trust Him more and more. God has way more than 6 attributes, so you can keep learning more attributes of God even after you've exhausted this list.[1]

Get to Know Your Author

1) God is ALL-WISE

- **Related Scriptures**: Proverbs 2:6; Isaiah 28:29
- **Question 1:** How can knowing this attribute of God impact my ability to trust Him in the areas of:
    - My gender specifically?
    - My life in general?
- **Question 2:** What life circumstances/influences keep me from knowing and/or remembering this attribute of God?
- **Question 3:** What will my life look like if I keep this attribute of God in mind as I move forward in the areas of:
    - My gender specifically?
    - My life in general?
- **Question 4:** What will I do today to purpose to not forget this attribute of God in my daily life? *(For example: write on a notecard in my pocket, put one of the related verses as my lock screen, write it on a sticky note on my mirror, etc.)*

[1] More attributes of God and related passages can be found by accessing the "God Is…" chart located on the Resources page of the Lifeline for Teens website (https://lifelineforteens.com/resources/?related-mini-book=general).

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2) God is PURPOSEFUL

- **Related Scriptures:** Proverbs 19:21; Isaiah 46:10
- **Question 1:** How can knowing this attribute of God impact my ability to trust Him in the areas of:
    - My gender specifically?
    - My life in general?
- **Question 2:** What life circumstances/influences keep me from knowing and/or remembering this attribute of God?
- **Question 3:** What will my life look like if I keep this attribute of God in mind as I move forward in the areas of:
    - My gender specifically?
    - My life in general?
- **Question 4:** What will I do today to purpose to not forget this attribute of God in my daily life? *(For example: write on a notecard in my pocket, put one of the related verses as my lock screen, write it on a sticky note on my mirror, etc.)*

3) God is COMPASSIONATE

- **Related Scriptures:** Psalm 86:15; Psalm 103:13
- **Question 1:** How can knowing this attribute of God impact my ability to trust Him in the areas of:
    - My gender specifically?
    - My life in general?
- **Question 2:** What life circumstances/influences keep me from knowing and/or remembering this attribute of God?
- **Question 3:** What will my life look like if I keep this attribute of God in mind as I move forward in the areas of:
    - My gender specifically?
    - My life in general?
- **Question 4:** What will I do today to purpose to not forget this attribute of God in my daily life? *(For example: write on a notecard in my pocket, put one of the related verses as my lock screen, write it on a sticky note on my mirror, etc.)*

4) God is SOVEREIGN

- **Related Scriptures:** Proverbs 16:33; Colossians 1:16-17
- **Question 1:** How can knowing this attribute of God impact my ability to trust Him in the areas of:
    - My gender specifically?
    - My life in general?
- **Question 2:** What life circumstances/influences keep me from knowing and/or remembering this attribute of God?
- **Question 3:** What will my life look like if I keep this attribute of God in mind as I move forward in the areas of:
    - My gender specifically?
    - My life in general?
- **Question 4:** What will I do today to purpose to not forget this attribute of God in my daily life? *(For example: write on a notecard in my pocket, put one of the related verses as my lock screen, write it on a sticky note on my mirror, etc.)*

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5) God is PROVIDER

- **Related Scriptures:** Psalm 23:1-6; Philippians 4:19
- **Question 1:** How can knowing this attribute of God impact my ability to trust Him in the areas of:
    - My gender specifically?
    - My life in general?
- **Question 2:** What life circumstances/influences keep me from knowing and/or remembering this attribute of God?
- **Question 3:** What will my life look like if I keep this attribute of God in mind as I move forward in the areas of:
    - My gender specifically?
    - My life in general?
- **Question 4:** What will I do today to purpose to not forget this attribute of God in my daily life? *(For example: write on a notecard in my pocket, put one of the related verses as my lock screen, write it on a sticky note on my mirror, etc.)*

6) God is a REFUGE

- **Related Scriptures:** Psalm 18:1-3; Psalm 118:8-9
- **Question 1:** How can knowing this attribute of God impact my ability to trust Him in the areas of:
    - My gender specifically?
    - My life in general?
- **Question 2:** What life circumstances/influences keep me from knowing and/or remembering this attribute of God?
- **Question 3:** What will my life look like if I keep this attribute of God in mind as I move forward in the areas of:
    - My gender specifically?
    - My life in general?
- **Question 4:** What will I do today to purpose to not forget this attribute of God in my daily life? *(For example: write on a notecard in my pocket, put one of the related verses as my lock screen, write it on a sticky note on my mirror, etc.)*

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